

Ashiana Public School

Sector 46-A, Chandigarh

9872500460

Blue Whale challenge is a game which has already claimed several innocent lives of the kids/ youngsters in .It is a very obnoxious, inhuman and horrific online game, wherein the online administrator urges the players/ participants to inflict injuries on their bodies to exhibit their courage and dare and gradually propels them to undertake fatal steps, eventually leading to death of the players/participants. This menace has spread all over the globe. India has also witnessed some suicides/deaths of young students / children, on this account. It is therefore, imperative to take primitive steps, so that students/ children don't fall prey to this deadly game. Here is a list of some additional advisory for parents to follow in order to prevent their child falling prey of this fatal game. The said guidelines are as follows:

Guidelines/Advisory for parents:

1. Having correct information about an issue is extremely important. Your child probably knows about the Blue Whale Challenge because of the media frenzy around this issue. Having said that, due to the uncertainty around this issue, there is a need to take certain measures to inform children and interact with them to avoid any mishaps.
2. Make sure that your child has minimal access to such games and if needed only age appropriate online sites which do not promote unethical behavior or violence should be used by the children.
3. Always ensure that your child accesses internet from a computer placed in the family space.
4. Talk to your child more often. Explore the online world together and engage in interesting activities demonstrating ethical and safe online behavior.
5. Use parental control on all the devices used by your child. Monitor the screen time and again by keeping a strict vigil and keep an eye on his/her online activities.
6. Actions speak louder than words. If you want your child to be level-headed, anger free, positive and responsible then the best way to convince them is to be a role model for your child. Be conscious of your own online activities. After all we must aspire to counsel ourselves first and then counsel the children.
7. Keep yourself update with recent internet phenomena in order to keep yourself updated with technology.
8. Observe your child's behaviour closely. Try to channelize their energy by indulging with them in something productive, be available for them, be communicative, empathetic, informed evolved and candid.
9. Be alert to any unusual changes like moodiness, less or no communication, lack of interest in studies and falling grades. If you notice any such changes, closely monitor his /her online activities, talk to your child /school authorities or consult a child psychologist.
10. If you find out that your child is already playing the Blue Whale Challenge, immediately stop hem/her using the internet from any devices.
11. Inform you local police authority about what has happened and seek their advice on the same.

Ashiana puts forth every possible endeavour to ensure that the children are safe and secured. We expect the parents to join hands to make this possible. Through attentive observation, strict vigil and loving communication, we can intervene before it's too late.

Regards

Ashiana Public School